

Group coaching

Re-kindle your creative mojo, just as we dip into a more reflective time of year...



**Gift yourself the time and space to cosy up with your thoughts
and plans for the coming weeks and months...**

Let's face it, we all want to keep the creative flame burning bright, blazing a trail towards our true passions. Whether in work, studies or community, we're driven to make a difference. And, as the Northern Hemisphere settles into a reflective mood, we're pondering cultivating fresh ideas, and pruning away old habits; preparing to blossom anew come the Spring of 2024. Time is on our side, for we know that the juiciest fruits need time to ripen on the vine.

STRONGER

TOGETHER

Join a cozy, creative squad for online creativity coaching and mindfulness to boost your self-care and creative muscles. Every week we'll dive into a new theme, and in between sessions, you'll have a playful assignment to keep the creative sparks flying.

Max size: group 8 people

Wednesday evenings (UK GMT) 8 pm - 9.30 pm on Zoom

Dates: 29th Nov / 6th Dec 2023 // 3rd Jan / 17th Jan / 7th Feb / 6th March 2024

Investment: £450 or 3 x £170 (28th Nov 2023 / 1st Jan / 1st March 2024) for 6 sessions

Let's talk over a brew via phone or Zoom - no cost, just a chance to discover more.

Drop an email to book anna@opentocreate.com

